**Spinach Salad**

RECIPE

**INGREDIENTS**

* 10-12 cups fresh spinach
* 5 apples, diced or sliced
* 1 ¼ cup red onion, sliced
* 1 ¼ cup sliced almonds, toasted
* Optional Ingredients:

Strawberries, mandarin oranges, etc… bacon

**For Dressing**

* 1 2/3 cup olive oil
* 1 cup red wine vinegar
* 5 cloves garlic, minced
* 3 tablespoons Dijon mustard
* Salt and pepper



**DIRECTIONS**

1. In a medium bowl, whisk together all dressing ingredients until completely incorporated. Season with salt and pepper.
2. Combine all salad ingredients in a large bowl. Add dressing, toss to combine, and serve immediately.

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| **Prep Time:** 15 minutes | **Cook Time:** 0 minutes | **Total Time:** 15 minutes | **Yield:** 20 servings |