**Honey Mustard Chicken**

RECIPE



**INGREDIENTS**

* 24 chicken thighs
* 1 ½ cups Dijon mustard
* 1 ½ cups honey
* 6 tablespoons olive oil
* 1 tablespoon salt
* 1 ½ teaspoons pepper
* 1 tablespoon oregano
* Optional Ingredients:

chicken pieces or breasts, rosemary, cayenne pepper

**DIRECTIONS**

1. Heat oven to 350 degrees. Spray baking pan with non-stick spray.
2. In a small bowl, whisk together mustard, honey, olive oil, salt, pepper and oregano.
3. Place chicken in prepared pan. Spoon mixture over chicken. Make sure chicken is evenly coated.
4. Bake 30-40 minutes until chicken is cooked through reaching internal temperature of 165 degrees.

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| **Prep Time:** 5 minutes | **Cook Time:** 30-40 minutes | **Total Time:** 35-45 minutes | **Yield:** 24 servings |