**Baked Spaghetti & Meat Sauce**

RECIPE

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**INGREDIENTS**

* 2 pounds cooked spaghetti
* 5 pounds cooked ground beef
* ½ can (#10) pasta sauce
* 1 ½ cups cottage cheese
* ½ cup sour cream
* 8 ounces cream cheese
* ¼ cup milk
* ½ pound butter
* 1 pound mozzarella or cheddar cheese

**Note:** No need for an additional carbohydrate since the main dish includes pasta.

**DIRECTIONS**

1. Preheat oven to 350 degrees.
2. Cut half the butter into pieces and lay in the bottom of a 2” pan.
3. Place half the cooked spaghetti evenly in pan.
4. In mixer, combine cottage cheese, sour cream, cream cheese and milk. Spread mixture on top of spaghetti.
5. Place remaining spaghetti on top of cheese mixture. Cut the remaining butter in to pieces and place on top of spaghetti.
6. Mix cooked ground beef and pasta sauce, then spread sauce mixture over spaghetti.
7. Cover with foil and bake approximately 30 minutes. Uncover and top with mozzarella or cheddar cheese. Bake an additional 10 minutes or until internal temperature reaches 165 degrees.

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| **Prep Time:** 30 minutes | **Cook Time:** 40 minutes | **Total Time:** 70 minutes | **Yield:** 32 servings |